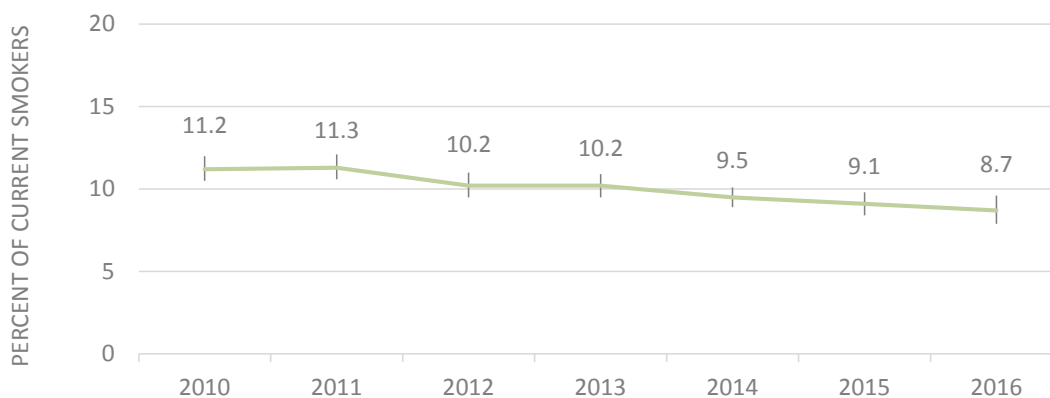


UTAH ADULT SMOKING BY YEAR AND AGE

Adult Smoking by Year

The adult cigarette smoking rate in Utah decreased from 11.2% (or 213,000 Utahns) in 2010 to 8.7% (or 187,000 Utahns) in 2016. Seventy percent of Utah adult smokers reported in 2016 that they planned to quit within the next year and 57% stopped smoking for a day or longer during the past year because they were trying to quit.¹ Utah adults with lower income and education levels, disabilities, and mental health or substance abuse conditions reported greater risk for smoking.¹

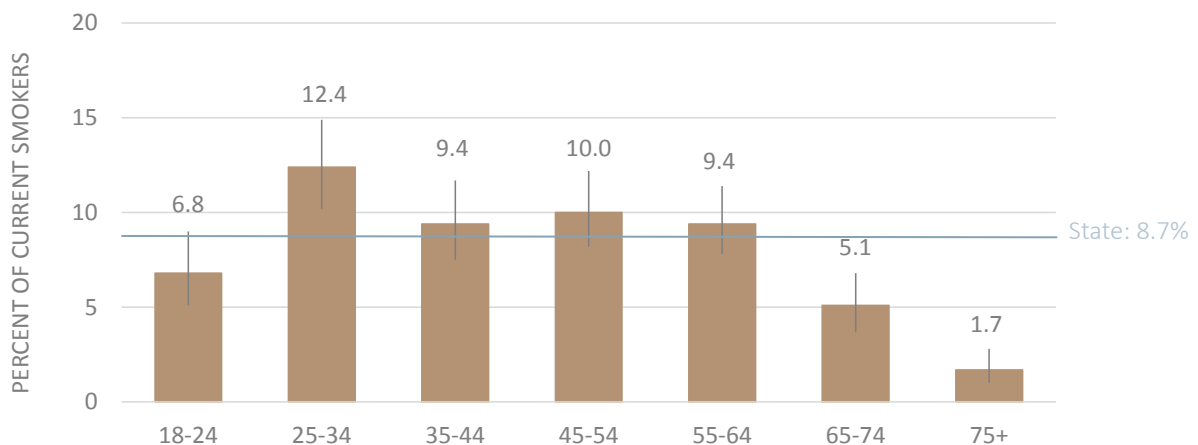
Percent of Adults Who Reported Current Smoking by Year, Utah, 2010-2016 (age-adjusted)¹



Adult Smoking by Age Group

In 2016, Utah adults aged 25 to 34 reported the highest cigarette smoking rate at 12.4%. Lower rates were reported by 18- to 24-year-olds (6.8%), 64- to 75-year-olds (5.1%), and those aged 75 and older (1.7%).¹

Percent of Adults Who Reported Current Smoking by Age Group, Utah, 2016¹



Reference

¹Utah Department of Health. Behavioral Risk Factor Surveillance System (BRFSS), 2010-2016. Salt Lake City: Utah Department of Health, Center for Health Data and Informatics.