Adult Smoking by Year

The adult cigarette smoking rate in Utah decreased from 11.2% (or 213,000 Utahns) in 2010 to 8.7% (or 187,000 Utahns) in 2016. Seventy percent of Utah adult smokers reported in 2016 that they planned to quit within the next year and 57% stopped smoking for a day or longer during the past year because they were trying to quit. Utah adults with lower income and education levels, disabilities, and mental health or substance abuse conditions reported greater risk for smoking.

Percent of Adults Who Reported Current Smoking by Year, Utah, 2010-2016 (age-adjusted)

Adult Smoking by Age Group

In 2016, Utah adults aged 25 to 34 reported the highest cigarette smoking rate at 12.4%. Lower rates were reported by 18- to 24-year-olds (6.8%), 64- to 75-year-olds (5.1%), and those aged 75 and older (1.7%).

Percent of Adults Who Reported Current Smoking by Age Group, Utah, 2016

Reference